

Signs your child or teen may need a Mental Health Evaluation

- *Problems concentrating*
- *Disruptive or restless behaviors*
- *Academic performance issues*
- *School avoidance*
- *Poor executive functioning skills*
- *Excessively talks about worry and fears*
- *Anxiety/panic*
- *Depression*
- *Oppositional/defiance*
- *Separation anxiety*
- *Social anxiety*
- *Sleep problems*
- *Frequent temper tantrums*

A Psychological Evaluation provides clarity so that everyone in your child's life is working toward the same goal.

The evaluation process will provide the following:

1. In-depth testing and observation to determine if your child may be impacted by ADHD, Anxiety, Depression, or Behavioral Disorders.
2. Recommendations for evidence-based treatment options for improving executive functioning skills, social skills, mood, and family connection.
3. Coordination of care with your child's healthcare providers and school.



Jennifer Newby, MSEd. has specialties in Child Development and Clinical Mental Health Counseling. Her clinical focus at ACF counseling is helping children, adolescents and their parents through evaluation and treatment of mental health and relational difficulties.

Registration at <https://www.counselingacf.com>
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